



Specialty Basketball Training Clinics Announced

Weekly 1 Hour Small Group Sessions

Please forward to interested players

Basics of Shooting

The "Basics of Shooting" Clinic is designed for the middle school aged basketball player who has played some basketball but has not yet mastered the proper mechanics of shooting. The focus of these sessions will be to teach the proper form, release and follow through needed to build a high school ready shot. Students will be given simple warm up drills and practice routines to reinforce these basic mechanics so that they can practice on their own. This clinic is run by Paul Heinsohn, the son of Celtic's legend Tommy Heinsohn and well known player development specialist

Boys Sessions (Grades 6-9): Tuesdays 5:00 PM - 6:00 PM (May 4, May 11, May 18, May 25)

Girls Sessions (Grades 6-9): Wednesdays 5:00 PM - 6:00 PM (May 5, May 12, May 19, May 26)

Cost: \$85



Location: [Forekicks Norfolk](#)

Perimeter Player Clinic

The "Perimeter Player" clinic is designed for the intermediate skilled perimeter player looking to move their game to a new level. The goal of this clinic will be to teach the basic skills and knowledge needed to successfully play out on the perimeter. Students

will work on their ball handling and passing, as well learn how to get themselves open and beat a defender. This clinic is run by John DePasquale the head coach of Ursuline Academy. John is a well respected basketball technician who during his 20 plus years as a head coach has amassed more than 240 wins, a Massachusetts State Championship and multiple Coach of the Year trophies.

Boys Sessions (Grades 7-12): Monday's 6:00 PM - 7:00 PM (May 3, May 10, May 17, May 24)

Girls Sessions (Grades 7-12): Tuesdays 7:30 PM - 8:30 PM (May 4, May 11, May 18, May 25)

Cost: \$85



Location: [Forekicks Norfolk](#)

The Big Inside Game (B.I.G) Clinic

The "B.I.G" clinic is designed for the intermediate skilled post player looking to develop the tools to build a strong inside game. The objective of this clinic will be to teach the basic skills and knowledge needed to successfully play inside in the paint. Players will work on their post moves, as well learn how to both get themselves open and play defense in the paint. This clinic is run by Pat Brennan the former long time head coach of the Brockton girl's basketball program. Pat is a highly respected basketball coach who during his 30 plus years as a head coach had a .775 winning percentage with one Massachusetts State Championship, two Eastern Mass Championships, a number of South Sectional Championships, and multiple Coach of the Year trophies.

Boys Sessions (Grades 7-12): Monday's 7:00 PM - 8:00 PM (May 3, May 10, May 17, May 24)

Girls Sessions (Grades 7-12): Wednesdays 7:30 PM - 8:30 PM (May 5, May 12, May 19, May 26)

Cost: \$85



Location: [Forekicks Norfolk](#)

The New England Legend Specialty Training sessions are designed to help the advanced middle school basketball player grow their game and prepare for high school basketball as well as the intermediate level high school player improve and refine their game so that they can earn a greater role on their team. The goal of these sessions is to help develop a well-rounded, fundamentally sound basketball player capable of competing at the high school level. There is a heavy emphasis on the basic fundamentals of the game, as well as basketball IQ.